

英语 单元测试（基础卷）

人教版Go for it八年级下学期 | 姓名：_____ 得分：_____

一、单选题

1. If you feel tired after studying, what is the best way to deal with it?
 - A. Take a short break
 - B. Continue studying
 - C. Eat more food
 - D. Play video games
2. Tom has a headache and feels tired. What is the best thing for him to do?
 - A. Take medicine and rest
 - B. Go to a party
 - C. Exercise hard
 - D. Stay up late
3. She feels tired. Her mother suggests, 'You need to ____.'
 - A. Play games
 - B. Rest well
 - C. Watch TV
 - D. Run fast
4. My friend has a headache. The doctor says, 'You need to ____.'
 - A. Drink water
 - B. Play football
 - C. Eat ice cream
 - D. Take medicine
5. She feels tired. Her mother says, 'You should ____.'
 - A. Drink coffee
 - B. Go to bed early
 - C. Play computer games
 - D. Eat snacks
6. They are sick. The doctor says, 'You should ____.'
 - A. Stay at home
 - B. Go to work
 - C. Walk outside
 - D. Exercise
7. She feels tired. Her mother says, 'You need to ____.'